

DO YOU LOOK AFTER SOMEONE WHO IS ILL, FRAIL, DISABLED OR MENTALLY ILL?

We are interested in identifying carers, especially those who may be caring without help or support. Carers are often “hidden”, looking after a family member or helping a friend or neighbour with day-to-day tasks and may not identify themselves as a carer.

Anyone Could Be



A Carer

Caring for someone is an important and valuable role, which is often a 24-hour job that can be very demanding and isolating.

As a carer, you are entitled to have your needs assessed by Adult Care Services. A carers assessment is a chance to talk about your needs and ways you could receive help. It also looks at the needs of the person you care for. There is no charge for an assessment.

If you think this could apply to you or someone you know, please ask at reception for a **CARERS' IDENTIFICATION AND REFERRAL FORM**